



Press release

Special event to support people's health and wellbeing Thursday 30 June between 11am and 3pm

A special event which will shine a spotlight on the wide range of services, support and activities which are available in the Halesworth area to boost people's health and wellbeing has been organised by the Pear Tree Fund.

The Halesworth Health and Wellbeing Infomarket will bring together a host of services and community organisations to showcase the support they provide to the public, as well as those with health and care needs, their families and carers.

Halesworth Volunteer Centre, Halesworth Dementia Carers Fund, Rural Coffee Caravan and East Coast Community Healthcare have already confirmed their attendance, with more expected to join them over the coming days.

The Pear Tree Fund has organised the infomarket in partnership with East Suffolk Council's Communities Team following the success of a similar event held earlier this year. It will take place at the Pear Tree Centre in Bungay Road, Halesworth, on Thursday 30 June between 11am and 3pm. Everyone is welcome to drop in and free refreshments will be available.

Kevin Vaughan, chief executive of the Pear Tree Fund, said: "We are delighted to be working with East Suffolk Council to host our second infomarket. The first event, held in March, was a huge success and attracted people from across East Suffolk and neighbouring parts of Mid Suffolk and South Norfolk. We hope the second infomarket will be equally as popular.

"It will give everyone a valuable opportunity to find out more about the support which is available to boost their health and wellbeing, as well as shining a spotlight on range of volunteering opportunities available in the Halesworth area.

"We'll also be highlighting some of the services provided by the Pear Tree Fund, which include support for those who have been bereaved or have life-changing illnesses or long-term conditions, as well as their families and carers."

Cllr Mary Rudd, East Suffolk's cabinet member for community health, said: "We are committed to helping people improve their mental and physical wellbeing. This infomarket is an excellent way for local residents to find out more about the wide range of health and wellbeing services available to them locally which will help them lead healthy active lives."



To find out more about the support offered by the Pear Tree Fund or to donate to the charity, call 01986 899655, email info@peartreefund.org or visit www.peartreefund.org

The Pear Tree Fund provides holistic wellbeing and bereavement support, as well as information and advice to people with life-changing illnesses or long-term condition and their families and carers. This support is provided from the Pear Tree Centre in Halesworth and in the local community and is available to people from across East Suffolk and neighbouring parts of Mid Suffolk and South Norfolk.

The charity was set up more than 30 years ago to support people with life-limiting illnesses who wish to die in the comfort and security of their own homes. It works alongside the NHS and social services to provide extra equipment and 24-hour care in the last days of life, along with emotional, physical and practical support at the time when people need it the most.

For more information, please visit www.peartreefund.org, like us on Facebook or follow us on Twitter, both @ThePearTreeFund

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