

**EASE THE  
SQUEEZE**



East Suffolk  
Community  
Partnerships  
*Bringing ideas to life*

# Money Roadshows

## Worried about the rising cost of living?

**Come to our Money Roadshows for free professional advice on how to Ease the Squeeze, including:**

- **Money saving tips**
- **Dealing with rising fuel costs**
- **Benefits advice**
- **Financial support**
- **Dealing with debt**

**Free refreshments depending on venue**

For information, including practical support, funding and advice, visit [www.eastsuffolk.gov.uk/squeeze](http://www.eastsuffolk.gov.uk/squeeze) or call 0333 016 2000

**Advice and support will be on offer from service providers and organisations ranging from locally based groups to those working across the district, county and further afield.**

**Have a confidential chat with a professional at the event or arrange to speak with them at a more convenient time.**

**Find out exactly what support is available for you and how to access it.**

Your local Money Roadshow is at:

Location: ST. MICHAEL'S, FRAMLINGHAM

Date: TUESDAY 15<sup>TH</sup> NOVEMBER Time: 11am – 2pm

