



Mills Meadow Day Care Centre

Discover a unique day care club for older people

Mills Meadow Day Care Centre is perfect for older people, including those living with early-stage dementia, who want to get out of the house, make new friends and get involved with fun and stimulating activities. It also gives you, the family carer, the chance to have a break and relax, knowing that your loved one is being well cared for by an experienced team in friendly surroundings.

- Day packages start from £60, with the option of receiving a delicious home-cooked meal*.
- Half day packages start from £35
- We organise fun and stimulating activities - the list opposite gives a taste of what we do.

We also offer hairdressing and pamper sessions for Day Care Centre users on the day of attendance.

To join*, please call 0333 321 1983 or find out more at careuk.com/mills-meadow-club

Typical club activities

- Gentle exercise
- Current affairs
- Gardening
- Flower arranging
- Music quiz
- Book club
- Baking
- Reminiscence
- Art and craft
- Tea dance
- Bowls
- Aromatherapy

Come along and give it a go!

This voucher* entitles the holder to a free taster session at the Mills Meadow Club.

**Free
2-hour
taster
session**

**Book your free session by calling
0333 321 1983**

*Terms and conditions apply. The free taster session is for new privately funding members only. The offer cannot be used more than once and is subject to availability.

Mills Meadow Day Care Centre
Fore Street, Framlingham IP13 9DF



*May be subject to a small additional charge, please contact the day club for further information. *Terms and conditions are available on the website.