



- A TWO LOOP UNDULATING COURSE AROUND THE PICTURESQUE TOWN OF FRAMLINGHAM
- AFFILIATED ENTRY £18, UNAFFILIATED £20
- JUNIOR FUN RUN ENTRY £2, UNAFFILIATED £3
- SENIOR RACE MINIMUM AGE ON RACE DAY 15 YEARS
- RACE STARTS AT 11:00AM
- CHIP TIMING
- FINISHERS T-SHIRT FOR EVERY RUNNER
- TROPHIES FOR 1ST 2ND 3RD PLACE MALE AND FEMALE
- TROPHIES FOR AGE CATEGORIES



SUNDAY 3RD SEPTEMBER 2023

JUNIOR FUN RUN
10:40AM START
MEDALS FOR EVERY RUNNER



For online entries scan QR code
or visit www.framflyers.org.uk