

Please Join Us

What if we could support you and other Ipswich and East Suffolk residents feel more confident and able to offer compassionate support for people towards the end of their lives and their loved ones?

Imagine having the training, ongoing support, knowledge and confidence to be a companion volunteer, working alongside other members of the community and clinical teams to provide the best possible care to those at the end of their lives.

Our aims are to:

- Improve end of life care in our communities across Suffolk
- Provide non-medical and compassionate support to individuals in their last year of life and their loved ones
- Enable conversations about the choices available at the end of life
- Support people to live their lives fully as possible before they die



If you are interested to learn more about compassionate companions, please watch this short film which is on the homepage of our website

www.compassionate-communities.co.uk

If you would like more information or are considering joining the companion team please contact Dr Crockett, lead GP at

lindsey.crockett@nhs.net